

Hertfordshire County Cross-Country Championships
Cassiobury Park, Watford - 11 January 2009
Under 15 Boys - 4500m

Position	No	Time	Name	Surname	Club
1	190	16.36	S Byrne	S Byrne	Harrow AC
2	202	16.41	J McMurray	J McMurray	St Albans AC
3	187	16.46	O Glyn	O Glyn	Dacorum & Tring
4	194	17.07	E Shepherd	E Shepherd	Herts Phoenix
5	191	17.18	J Rajkumar	J Rajkumar	Harrow AC
6	212	17.21	V Zaver	V Zaver	St Albans School
7	196	17.54	M Callegari	M Callegari	Shaftesbury BH
8	183	17.59	G Bennett	G Bennett	Dacorum & Tring
9	205	18.12	T Brooks	T Brooks	St Albans School
10	200	18.13	C Hilton	C Hilton	St Albans AC
11	203	18.36	O Poulain	O Poulain	St Albans AC
12	189	18.41	R Taylor	R Taylor	Dacorum & Tring
13	201	18.47	S Jamieson-West	S Jamieson-West	St Albans AC
14	213	18.48	L Dormer	L Dormer	Watford Harriers
15	186	18.48	J Eykelbosch	J Eykelbosch	Dacorum & Tring
16	198	18.56	R Johnson	R Johnson	Shaftesbury BH
17	195	19.01	D Abrey	D Abrey	Shaftesbury BH
18	208	19.10	W Hollens	W Hollens	St Albans School
19	192	19.12	D Barcroft	D Barcroft	Herts Phoenix
20	204	19.25	H Whiteman	H Whiteman	St Albans AC
21	188	19.44	C Schramm	C Schramm	Dacorum & Tring
22	210	19.49	C McLafferty	C McLafferty	St Albans School
23	199	20.40	M McLaughlin	M McLaughlin	Shaftesbury BH
24	185	20.43	A Bramley	A Bramley	Dacorum & Tring
25	211	21.05	B Woolf	B Woolf	St Albans School

Teams

1	St Albans AC	2,10,11	23
2	Dacorum & Tring 'A'	3,8,12	23
3	St Albans School	6,9,18	33
4	Shaftesbury BH	7,16,17	40
5	Dacorum & Tring 'B'	15,21,24	60